### A GLOBAL CONVERSATION ABOUT YOUTH MENTAL HEALTH

# CONNECTING THE DOTS

### A FILM BY NOEMÍ WEIS

FILMBLANC PRESENTS A FILM BY NOEMÍ WEIS CINEMATOGRAPHERS NICHOLAOS STAGIAS BRIAN STUART MARK ELLAM Euitor Eugene weis prosiver andrée bagosy composers suad bushnad Lodewijk vos préductive noemí weis terry e. Markus david goldfield thomas eddington brendan mcneill vanderboureeter noemí weis

filmblanc ZTELUS O O CHARGE CHEARD TV5 States Forder ECHOrose Canada

CONNECTINGTHEDOTSFILM.COM #RAISEYOURHAND



91 Minute Feature, 4K HD and 55 minute International Version Produced in association with the TELUS Fund and Ontario Creates In Association with TV5, The Boeckh Foundation, The Echo Foundation, Private investors from Canada and USA plus Canadian Tax Credits

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# **SHORT SYNOPSIS**

**Connecting the Dots** is the first feature documentary of its kind to offer a raw and intimate look at youth mental health from a global perspective. With heart-felt poignant stories of lived experience, the film exclusively showcases young voices breaking barriers surrounding youth mental health. Through highly cinematic and character driven story-telling, **Connecting the Dots** is emotional, reflective and hopeful. Our future leaders are speaking up. It's time to listen.





# LONG SYNOPSIS

### INTERNATIONAL VERSION

This character-driven and cinematic feature film is the first of its kind to bring the exclusive voices of young people to the forefront talking about youth mental health. It is their personal accounts that drive the film's narrative forward. They are the ones to tell us where we have gone wrong and what needs to change. We call them the experts.

In a highly cinematic mise-en-scène, **Connecting the Dots** reveals why we face a population of young people feeling anxious, depressed and too often ending their own lives. The film sheds light on preventative and inspiring ways to bring light to this global crisis of youth mental health. Traveling the world, the film takes the viewers to such countries as Canada, USA, Brazil, Argentina, Zimbabwe and more.



**Connecting the Dots** opens the conversation about systemic racism, LGBTQ+, lack of medical support, lack of funding for mental health, stigma and shame, and the urgent need for a paradigm shift in a broken system that needs to include the youth to bring transformation.





The film's narrative is woven through Nathan's journey in search of answers to better help the youth. Nathan wants to see things change and learn how to better serve the youth in a world, where technology overrules, the nuclear family is falling apart and there is a desperate need for a paradigm shift in the system.

Nathan is the number one youth mental health speaker in the USA. He has spoken at more than 700 schools and is followed by millions of young people globally. Nathan has travelled through the darkness and has come out the other side representing survival and hope to this young generation. He uses his life experiences, charisma and empathy to connect with children from around the world, in hope of breaking down the stigma of mental health and opening up the conversation.

There are many other young people from around the world who open up and share their personal and poignant stories including Oke in Nigeria, Shellye in New York City, Lindsay in Edmonton and heart felt scores more from Australia, the U.K., Brazil, Argentina, Zimbabwe, and other countries as it unearths a confounding truth. Universal and diverse, first-hand very personal and raw visual diaries are revealed. We hear from young people from all continents who are clear, articulate and voice their opinion with a strong call to action.

In a dynamic editing way, the film follows three acts from darkness to light where we meet a number of young people that share their heartfelt lived experiences as much as they offer a voice of reason to the situation of youth mental health from around the world.

**Connecting the Dots** offers the future world leaders an opportunity to be heard, sparking strong messages and evoking direct action. It is time for everyone to listen.



# DIRECTOR'S STATEMENT

# My work as a Director – guided by a keen sense of compelling storytelling – is driven by a fearless passion to tackle global issues and provoke change within communities.

When reading about the alarming rates in increased youth anxiety, depression and suicide, my heart sank. I knew the subject of youth mental health was one to explore and I dived in.

As a mother and a grandmother, my films have mainly dealt with social issues important to women and children, and this has been a driving force for me, to bring these stories and struggles to light.



There is a youth mental health crisis around the globe. Suicide is the #1 health related cause of death for youth. Mental health is the health issue of this generation. There is an urgent call to action being heard globally asking for an elimination of the stigma and shame surrounding youth mental health struggles and demanding an increase in open dialogue and more accessible, relevant and timely support.

After three years of intense work on research, development and production, **Connecting the Dots** comes to the world at a time when mental health is a universal problem that affects almost everyone in 2020. Under the present situation of COVID-19, atop of growing unrest around systemic racism, sexual orientation, gender discrimination and so much more, the topic of **Connecting the Dots** is more relevant than ever before as it highlights all of these issues as key factors in affecting mental health, especially in young people.





The youth mental health situation is a widespread phenomenon. That's the reason why I decided to take a universal look at this so-called "global epidemic." I focused on the reasons why we are faced with this crisis and what we have done as a society to create this.

After thorough research, I firmly believe that the way to help reduce youth mental illness and bring transformation to the system is by understanding the core issues faced by the youth themselves and that's why **Connecting the Dots** is the first documentary of its kind to exclusively bring forward their stories and lived experiences in an emotional and powerful way.

When planning how to tackle this sensitive film, I paid particular attention to the stories that could symbolize thousands of others; the visual treatment and the creation of situations that will help the audience delve into the lives of our protagonists in their own environment.

I created what I call "visual diaries," offering young people from around the world the opportunity to share their most intimate and personal moments as well as their call to action; using their most precious belonging, their phones. Intercut with a highly cinematic and mise-en-scène approach, these visual diaries are the "voice of reason" that offer the viewer a global look at the situation of youth mental health that clearly has no borders.

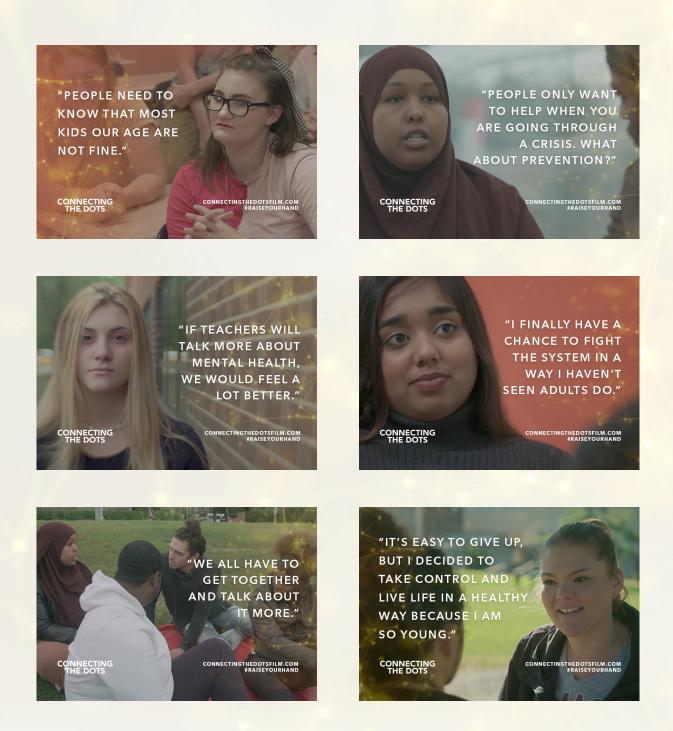
Filled with beautiful images, poetry, preventative solutions, a strong call to action and a message of hope, **Connecting the Dots'** mission is to reveal what we can do as a society to change this trend while generating awareness, provoking changes and most importantly, offering a voice to young people.

I hope their stories will open minds and hearts, presenting a model for healing and inclusion globally. It is time for all of us to listen and support them. We must not only think of them as the future, but also involve them in the present. There is nothing about them, without them.

- Noemi Weis



# A GLIMPSE OF SOME OF OUR PARTICIPANTS:





# KEY CREATIVE TEAM - BIOS DIRECTOR

**Noemi Weis** is an award-winning Writer, Director and Producer that has spent over 20-years telling stories on the big and small screens, from worldwide advertising projects to award-winning documentaries.

As a humanitarian and an advocate leader Noemí journeys where stories take her to bring voice to the world's most vulnerable. Her films have been sold in more than 50 countries receiving numerous awards globally and making a difference in communities around the world.



Her last film MILK, received a passionate message of support from <u>Mm. Sophie Trudeau</u> and was honoured with an invitation to meet <u>Pope Francis at the Vatican</u> in recognition of the impact her films have created in global communities.

Additionally, Noemi has been recognized as one of the top 10 most influential Hispanic-Canadians, an award given by Toronto Mayor John Tory. Noemi is a proud member of the Unesco, Team Canada's Trade Missions and a Business Ambassador of Ontario, promoting the merits of Canadian production abroad. In this capacity, she participates in trade missions and has been honoured with the nomination of "Woman Entrepreneur of the Year" for three years in a row, the last one by Export Development Canada, and nominated as a finalist for "Woman Entrepreneur of the World," as the sole Canadian nominee.

Born in Buenos Aires and educated in Argentina and Canada, Noemi brings her skills and love for humanity to every project. She continues to create and develop films to promote human rights and social justice. She is fluent in English, French, Italian and Spanish with a good proficiency of Portuguese.



### EDITOR

**Eugene Weis** is an award-winning film Editor working with top directors and industry professionals in the Canadian film industry with great success and recognition. His keen sense for storytelling has allowed him to craft films tackling important social issues which have gone on to accrue numerous awards and accolades globally.



In 2019, Eugene Weis was nominated as Best Editor by the Canadian Cinema Editors for his film Metamorphosis, Directed by Velcrow Ripper and Nova Ami, produced by the

National Film Board Of Canada. Eugene garnered a nomination for Best Picture Editor by the Canadian Academy of Motion Pictures (2015) for Who The F\*\*K is Arthur Fogel by Ron Chapman. One of his latest films, Our dance of Revolution premiered at Hot Docs, 2019 and one of his latest film, David Foster: Off the Record premiered at the Toronto International Film Festival 2019.

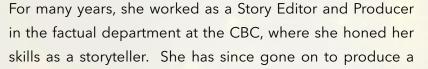
Eugene has worked as an Editor for several Filmblanc films, including Let's Talk About it by Deepa Metha, Desert Riders by Vic Sarin, The Forgotten Woman, which won the Best Documentary Award at the Hollywood Film Festival and is part of the Elite Series of the Oscar's Academy, Teaching the Life of Music by David New, Abuelas by Noemi Weis and MILK by Noemi Weis which earned him the nomination of Best Editor at the Madrid International Film Festival. Eugene sits on the Board of Directors for the prestigious AluCine Latin Film and Media Arts Festival, is a voting member of the Canadian Academy of Motion Pictures as well as a member of the Canadian Cinema Editors (C.C.E).

For more information, please visit: https://www.imdb.com/name/nm2263724/



### STORY PRODUCER

Andrée Bagosy is a member of the Writers Guild of Canada and currently works as a freelance Creative Producer in Toronto. As a French-Canadian, born in Montréal, she brings a unique lens to the projects she takes on. Her career spans over twenty years in the industry and includes work in factual and scripted programs.





documentary series for Amazon Prime in the US called *Vacations of the Brave*. Her experience in writing rooms has also led her to be a story consultant on numerous feature length docs.

Andrée is dedicated to creating story driven content that reflects the emotional side of the human condition. She is fluent in English, French

https://www.linkedin.com/in/andree-bagosy-51338671/?originalSubdomain=ca





### **CINEMATOGRAPHERS**

**Nico Stagias** is an award-winning Toronto based Director of Photography who has worked in television for the past 18 years.

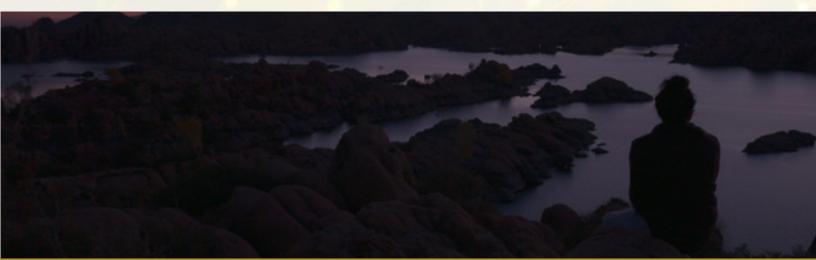
As a filmmaker/ visual creator, Nico's achievements include 2 awards at the Inside Out Film Festival for Best Artistic Achievement in a film and Best Audience Choice Award at the Oregon Queer Film Festival. In addition, Nico's visual elements for "TimeCode Break" (a Toronto Dance Theatre dance performance) helped garner the show a DORA Award for Best Production.



Nico's work as an editor allows him to use his talent behind the camera with an editorial mind. As an editor, Nico was nominated for a *Canadian Screen Award* for the documentary *"Christopher House: Ahead the Curve"*.

Nico directed, produced, shot and edited over 20 promotional commercials for *Nickelodeon TV*. This campaign, which was shot in India, Malaysia and the Philippines, won two *Silver ProMax awards* for *Best Campaign* and *Best Comedic Campaign*.

DOP and camera credits include work on shows like: Great Canadian Cottages, Bahamas Life, Storage Wars, Canada's Worst Driver, Don't Drive Here, Dinner Party Wars, Four Weddings, Bump! and Keeping Canada Alive as well as TV and documentary stand alone and series like Drawn this Way and Positive Youth, to name a few.





### **CINEMATOGRAPHERS** (CONTINUED)

**Brian Allan Stewart** is an award-winning and Canadian Screen Awards nominated Canadian-American Toronto based cinematographer and drone operator working primarily in documentary series and features. He's worked for NBC, BBC America, CBC, Discovery, History, National Geography, and HGTV. Immersing himself in the film and television industry is an amazing journey that has taken him around the world many times, and serves as a constant source of inspiration. His latest projects include *Mister Tachyon* for Vice, and the short



film Föräldraskap: Swedish for Parenthood. Currently, he's the Director of Photography for History Channel's Salvage Kings.

As director and cinematographer, **Mark Ellam** has spent the last 20 years traveling to over 50 countries to shoot fiction and documentary for theatrical release. He was one of Filmblanc's latest acclaimed film MILK and some of his credits include The Take by Avi Lewis and Naomi Klein (AFI Best Feature Documentary), Yung Chang's Fruit Hunters, Big Sugar (Prix Gemeaux for best documentary) - going undercover to shoot Haitian plantation workers under conditions of slavery, Empz 4 Life (Allan King's final film - nominated for



Best Cinematography and the Donald Brittain Award - Gemini Awards, and A Promise To The Dead (winner of the Gemini award for Best Documentary, shortlisted for the Academy Award for Best Documentary).



### **MUSIC COMPOSERS**

**Suad Bushnaq** is an award-winning film and concert composer. She is best known for her work on the films *Al Munataf (The Curve)*, *Twice Upon a Time* and *Tight Spot*. Suad is a member of the Screen Composers Guild of Canada and the Alliance for Women Film Composers. In 2018 she was selected as one of six composers from across Canada to participate in the Slaight Music Residency at the Canadian Film Centre. Suad won a Silver Medal for Outstanding Achievement in Original Score at the Global Music Awards for



her piece *The Road to Jenin*. That same piece is nominated for a Hollywood Music in Media Awards in the world music category, she was nominated for the 2019 Hollywood Music in Media Awards for Best Original Score.

Lodewijk Vos is an award-winning Music composer for film. To date, he has worked on 12 feature films, 4 television series and over 30 short films. He has shared the stage with the likes of Amos Lee, Interpol, N.E.R.D, and KRS-one. After working as an in-house music composer for MTV, Comedy Central, and Nickelodeon he moved to Toronto in 2009 to focus his career on film composing. In Toronto, Lodewijk started collaborating with local music composer Joseph Murray. Together, they worked on many projects under the name "Menalon".



Lodewijk studied under Grammy Award winner Tom Elmhirst in Avignon, France in 2013. In 2014 he did the Slaight Music Residency at the Canadian Film Centre, a music residency chaired by Oscar winner Michael Danna. His efforts have been awarded with accolades such as Best Documentary Short (at Sundance) and Best Canadian Feature Documentary at Hot Docs.



# **ABOUT FILMBLANC**

Filmblanc is a film production company created by Noemi Weis in 1998 with a clear mission of bringing the world together. Before globalization was a common term and long before emails were the way of communication, Noemi Weis envisioned interconnected partnerships between producers from



around the world in order to nurture and provide creative people the means to produce their dreams anywhere in the world. With much success, Filmblanc created associations in 20 markets around the globe, bringing people together under one roof that at times encompasses travel to and from various different continents.

In the ensuing years, Filmblanc has effectively worked in virtually all forms of production from commercials and corporate to service productions of all forms, then adding as a natural progression, the production of social justice and human rights films in 2004. Since then, Filmblanc is proud to have successfully brought forward the voices of the world's most vulnerable and those in greatest need of an advocate by covering issues surrounding women and children's rights, domestic violence, gay rights, education and health, both in Canada and around the world.

All of Filmblanc's films have garnered and continue to generate international attention and awards, but more importantly, they have helped to make a lasting difference in the lives of individuals, communities, organizations and education.

As a multiple award winning, entrepreneurial and visionary company with a pristine track record of excellence, Filmblanc continues to create and develop films to promote human rights and social justice.

For more information: www.filmblanc.com



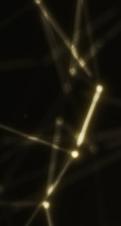
## **ABOUT FRAYME**

Frayme is a national and international organization that provides a common platform to advance knowledge, best practices, policy, and care for youth mental wellness across Canada and beyond. We help organizations access the evidence, networks, and tools needed to take action. Frayme was created to ensure that young people everywhere benefit from



the latest knowledge in youth mental health and substance use. Because healthy young people means a healthy future and a healthy now. The addition of the "Y" represents youth at the centre of the work we do.

Frayme is funded by Health Canada, the Networks of Centres of Excellence program, and generous philanthropic donors. Frayme is hosted by The Royal's Institute of Mental Health Research in Ottawa.



"Presently, Frayme's focus is to incorporate social-recreational and arts-based expression as a vehicle to bring forward conversations about youth mental health. Having worked with the Filmblanc team during the research and development process, the dissemination of Connecting the Dots presents itself as an excellent opportunity for Frayme to amplify the film as a tool for change."



# CREDITS

#### WRITTEN AND DIRECTED BY NOEMÍ WEIS

YOUR VOICE MATTERS BREAK THE SILENCE AND REACH OUT TO SOMEONE YOU TRUST

#### PARTICIPANTS IN ORDER OF APPEARANCE

#### **VISUAL DIARIES**

Megan Shinnick **Emilie Leneve** Holly Symmans Austėja Bazaraitė Shannon Ackerman Indiana Payne Emma Little Laura Mwangi Jake Bradshaw **Heavenly Tanner** Oke Ekpagha Maddy Minaret Damian Juma Shellye Echeverria Lindsay Currie Myckenzie Kramer

#### FOR YOUR LIFE SPEAKS

Nathan Harmon

FOR FRANKLIN COUNTY HIGH SCHOOL Alexis Shepard Jamie Thalheimer Zach Parkhurst MaKayla Taylor Kaylee Miller Brittney Moulton Kenny Bruns 16



#### **VISUAL DIARIES**

Finty Royle Holly Symmans

Janfari Fraser

Kester Phillip Maryan Issa

Angel Richards Rebecca Harrison

#### FOR STELLA'S PLACE

#### FOR UNITY CHARITY

**VISUAL DIARY** 

FOR THE JONES-GORDON SCHOOL

Maddy Minaret Simone Ritchie Josh Levine Mackenzie Day Samantha Wiegers Braeden Cross Piper Hall Dylan Passon Nate Passon William Strieter Emily Feldman Zachary Schwartz Erica Schwartz David Schwartz Kayla Schwartz Noah Schwartz Luke Weiss Daniel Church Kellen Groesbgek Alex Wisea Aden Rowley Anna Rowley Cadence Burke Jakob Burke Giulia Armato

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#### FOR COLEGIO BANDEREIRANTES-BRAZIL

Luciana Coen Renata Lourenço Pinto Sofia Akemi Dias Kayano Daphine Caylone Santos Macido Lara Rodrigus de Almeida Cecilia Viola Ladosky Laura Oliveira Mary Ann Roizman Beatriz Laccava Martins Isabela Rosolen Rafael Biboncos Carmen Laura Rodrigues Helena Frudit Tatiana Ravache de Oliveira Isadora Bicich Martins Gabriel Enrico Augusto Rocha Helena de Painero

The Students of Escola de Resiliência do Núcleo Horizonte Azul Mariana Politti Francisco Laferriere

Marina Sol Moreno Manuela Godono Valentino Feito Mariana Carvalho

Dr. Dixon Chibanda Friendship Bench Grandmothers Friendship Bench Buddies

Takeesha White Kristy Sepulveda Brianna Lynn

FOR HORIZONTE AZUL SCHOOL-BRAZIL

FOR FUNDACIÓN FORO -BUENOS AIRES

FOR THE FRIENDSHIP BENCH ZIMBABWE

FOR THE FRIENDSHIP BENCH NYC

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#### FOR BOYS TO MEN

Ethan Lowe Adam Young Brandon White Larry Levenson Bob Moore Douglas Eagan Robert Abrahamson Ed (Gwydion) Winkelmeyer David Sorenson Anthony Arcaro Wyatt Boughner Robert Goodwin Benji Brinkly-Armstong Brendan Taylor Jonah Bryant

Emma Little Amy Wang Megan Shinnick

VISUAL DIARY

FOR TELUS FUND

Executive Director

#### FOR ONTARIO CREATES

Manager, Industry Initiatives Consultant, Industry Initiatives Consultant, Industry Initiatives

#### FOR TV5 QUEBEC CANADA

Director of Original Content Director of Programming Business Affairs Consultant Strategic Consultant Production Consultant

#### RESEARCHERS

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Erin Creasey Kelly Payne Karam Masri

Severine Biderman Jérôme Hellio Brendan McNeil Néstor Gaetán Rogerio de Oliveira Soares

Noemí Weis David Goldfield Mary Hickman Maya Christobel Meghan Case



#### ADDITIONAL RESEARCHERS

Alexandra Markwell Noor Toema Sherry Li Maryan Haye Veronica Rouby Matthew Chin Blake Horsley Meghan Brynne

Christopher Giroux

### PRODUCTION MANAGER - DEVELOPMENT

PRODUCTION CONSULTANT - DEVELOPMENT

PRODUCTION MANAGER - PRODUCTION

Shivani Srivastava

Rachel Punwassie

ADDITIONAL CAMERAS - USA Indiana Phoenix

**PRODUCTION SUPERVISOR -**

Jacob Pierson Aiden Chapparone

LOCATION SOUND

Scotty Taylor Michael Filippov Brian Misiewizc

Rogerio de Oliveira Soares

THIRD CAMERA

BRAZIL

SOUND RECORDIST

**PRODUCTION ASSISTANT** 

LOCAL DRIVER

PRODUCTION SUPERVISOR - ZIMBABWE

**PRODUCTION ASSISTANT** 

LOCATION SOUND

LOCAL DRIVER

Bruno Carneiro

Victor Arturo Jaramillo Quevedo

Lucas Gattaz

Henrique Pereria De Moura

Anthony Mutambira

Tau Kawara Netone

Panashe Ushewokunze

Moses Goremucheche

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#### **PRODUCTION ASSISTANTS**

Joseph Madigan Harry Nichols Julia Williams Taylor Ortiz Bob Moore Brandon White

Meghan Case Kyra Soulière

Pablo Keselman

Holden Mohring

Sam Javanrouh

Mark Driver

Eggplant Picture and Sound

Eggplant Picture and Sound

#### TRANSCRIPTIONS

TRAVEL CONSULTANT

ASSISTANT EDITOR

POST PRODUCTION FACILITIES

GRAPHICS

**ON LINE EDITOR** 

RECORDING AND MIXING FACILITIES

SOUND EDITOR, DESIGN AND MIX EFFECTS EDITOR

DIALOGUE EDITOR

**PRODUCTION ACCOUNTING** 

PRODUCTION ACCOUNTANT

PRODUCTION BOOKKEEPER

AUDITOR

LEGAL SERVICES

INSURANCE

MARKETING TEAM

ASSOCIATE IMPACT PRODUCER Daniel Pellerin Deanna Marano Jeremy Kessler M.Schwab Accounting Services Michael Schwab Sherry Xu John Milnes Terry E. Markus Arthur J. Gallagher Magnify Digital

**Ring Five** 

#### SPECIAL THANKS TO THE UNDERPASS PARK ARTIST IN TORONTO REPRESENTING THE IMPORTANCE OF ART TO EXPRESS FREEDOM OF EXPRESSION.

Labrona - Troy Lovegates - Amos Danniels - Peru Dyer Jalea- birdO- Fiya Bruxa- Will Gaydos- Kirsten McCrea-Flips BSC- Pua69 Mska & Evro1- Adrian Hayles - Annie Hamel - Lacey and Lala Art- Kalkidan Assefa- Andrew Dexel- Anya Mielniczek - Carlos Delgado- Rob Matejka- Meaghan Claire Kehoe- Al Runt- GAWD- Monique Aura Bedard -Jill Stanton- Ness Lee- Chief Ladybird- Omen- Isaac Weber- Spud- Denial- SKAM- Elicser-FONKi- Christopher Ross

This film would not have been possible without the invaluable support from countless individuals and organizations devoted to support youth mental health globally.

#### VERY SPECIAL THANKS TO:

Nathan Harmon and Your Life Speaks's team - Megan Shinnick, friends and family - TELUS fund Board of Directors - Karen Thorne-Stone, Kristine Murphy and Ontario Creates's team - Jenny Carver and Stella's Place's team - Ian Boechk, Danielle Kemmer and Graham Boeckh Foundation's team - Eric Windeler, Jessy Hayman Jack.org's team - Kevin Leonard and ECHO Foundation's team - Robert and Dolores Zimmer - Vikram Patel - Dr. Janis Whitlock- Cornell University - Lisa Strohman and the Digital Citizen Academy- Dr. Deena Shaffer and The Mood Routes Ryerson University- Luiza Souto -Luciana Coen - Dr. Karina Fukumitsu- Colégio Bandeirantes's full team- Ianca de Santos- Lucila Araujo and the Students and Teachers of Escola de Resiliência do Núcleo Horizonte Azul da Associação Comunitária Monte Azul- Dixon Chibanda, Ruth Verhey and The Friendship Bench Zimbabwe- Pablo Gagliese, Carolina Prinicipi at Fundación Foro- Fernando Zigman and team at Unicef Argentina- Escola de Resiliência do Núcleo Horizonte Azul da Associação Comunitária Monte Azul-The Yanquelevech, Bagosy, Powell, Gauvin and Bell Families - Ian Manion and Frayme's team- Takeesha White and the Friendship Bench NY's team- New York City Department of Health and Mental Hygiene- Lenore Skenazy and Jodi Maurici at Let Grow, Unity Charity's team - Miriam Ament at No Shame on you -Lancet Commission and the Lancet Youth Leaders - Pat McGorry and Kerryn Pennel at Origyn- - Chantelle Booysen and the full YMHI global network - WHO HQ- PAHO- Dr. Stefan Swartling Peterson- Cristina de Carvalho Eriksson and the different teams at UNICEF globally - Sayville Library- Boys to Men Arizona- Dana Hertzberg at The Jones-Gordon School- The Stone Family - Steve Mathias- Kimberly Moran and CMHO's team- Alicia Raimundo - Gemima Pickles and University of Toronto Mental Health Youth Leaders- Elisha London and United for Global Mental Health's Team- Cynthia Bissett Germanotta and Alex Aide at the Born This Way Foundation-Global Mental Health Peer Network- Grand Challenges Canada- Headspace- Headstrong- - Mental Health Commission of Canada- Mind-strong - National Institute of Mental Health Ontario - Glen Moriarty 7Cups 's team - Joanna Henderson CAMH-- Youth Net Team- Moytree Shinha , Lian Zeitz and Cities-Rise's team -Sonia Young and HFMH's team - Kathryn Goetze IFred and Hope - Euro Youth Mental Health - Holistic Life Foundation - Jigsaw - The National Center for Youth Mental Health- SOS Children's Village- United for Global Mental Health- ACCESS Open Minds- Africa Mental Health Leadership Academy- Africa Psychosocial Support Institute- Amazing Minds Africa- Anna Freud National Centre for Children and Families- Carolyn Tait- Carolyn

Gaspar- Askok Malla- and countless individuals and organizations from around the world. THANK YOU!



Dedicated to my grandchildren Sebastian, Julien, Mia and Sofia

In loving memory of my mother Adela Rebeca Keselman January 2nd,2025- July 22nd, 2020

My grandson Kalel Ramgulam Weis November 11th, 2019

And

Pablo R. Keselman Filmblanc's travel consultant and dearest cousin July 5,1954- March 19,2020

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#### WITH THE COLLABORATION OF









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